

the leisure review

Coaching Insight

Coaching is a people business: the power dynamic in the coaching relationship
1.30 pm to 4.30 pm • 1st November • Vaughan Parry Pavilion, Nottingham University
presented in partnership with Nottinghamshire County Council and Sport Nottinghamshire



Coaches are increasingly being encouraged to make their sessions “athlete-centred”, but how far down the line can most coaches afford to go? Many coaches use “Ask “ rather than “Tell” but how many ask questions they don’t know the answer to? And how many of us ever really “Delegate”?
With the help of speakers from very different contexts we will ask: “Who has the power?”

This seminar is an invitation to debate current issues in coaching with colleagues facing similar challenges to your own and share ideas and solutions. We have invited expert contributors to speak but have left plenty of space for you to interrogate what they have to say, debate what it means for you, talk about your issues and spend time networking with people from a variety of sports and contexts. We would expect to challenge the thinking of and offer inspiration to self-aware coaches operating at UKCC Level 2 and beyond.



Our speakers

How should we play? You decide. Rugby League’s **Martyn Rothwell** used a Churchill Scholarship to look at coaching practice in Australia and New Zealand and found coaches who trusted performers to decide for themselves. Martyn will paint a picture of delegation and empowerment which challenges lazy assumptions about the coach’s role.

Safe in your hands? **Sally Proudlove**, national development officer with the Child Protection in Sport Unit, will consider the issues which currently surround safeguarding children in sport and look specifically at what they want — and don’t want — from their coaches.

Deconstructing a coach’s process. In a departure from our usual practice **Hamish Telfer**, a national coach in four sports at one time or another, will invite performers he has coached to talk candidly about their experience of the coach/performer relationship and invite the audience to debate his (Telfer’s) strengths and weaknesses. This session will be facilitated by **David Haskins**, himself a noted academic, coach educator and author.

***By incorporating this seminar into the Nottinghamshire Club, Coach and Development Programme, we are able to offer places FREE to coaches who are resident and/or active in Nottinghamshire.**
Go to www.coachingnottinghamshire.co.uk to sign up.

Other places are just £15.00 and for more details or to book directly with TLR Communications ring Mick Owen on 07944 605508 or email him at mickowen@tlrcomms.co.uk